





Br BREAKFAST


English Breakfast  €7.75
2 fried eggs, crispy bacon rashers, baked beans, sausage, tomato served with bread



Healthy Breakfast (9:00am - 11:00am)  €3.95
Yoghurt, honey, oats and forest fruits.


Sn SNACKS

Traditional Tuna  €5.00 **Wrap** €6.45
Tuna chunks, olives, capers, butter beans, onions, lettuce, tomato spread and olive dressing.

Curry Chicken  €6.75 **Wrap** €7.25
Marinated chicken thigh, parmesan shavings, rucola, tomato and mayonnaise.

Smoked Salmon  €6.95 **Wrap** €7.75
Smoked salmon, cucumber, onions, rucola and cream cheese.

Vegan's Delight   €6.45 **Wrap** €7.25
Grilled seasonal vegetables, olive tapenade and hummus spread.

Chicken Club Sandwich  €7.45
Grilled chicken thigh, egg, bacon, lettuce, tomato and mayonnaise.


*All snacks are served with crisps.
For gluten-free bread - €0.75 supplement*


cold  **warm**  **vegetarian**  **vegan** 



*(Kindly note that we do not have a nut free / gluten free area in our kitchen.
However, we will try our best to minimize any possible contamination that might occur.)*



esploracafé™


Sp SALADS & PASTA



Chicken Caesar Salad  €9.75
Grilled chicken thigh, garlic croutons, crispy bacon, lettuce, parmesan shavings and caesar dressing.


Smoked Salmon Salad  €10.95
Smoked salmon, cherry tomatoes, lettuce, olives, capers, herb oil dressing.

Falafel Salad   €8.00
Chickpea patties, cherry tomatoes, cucumber, onions on a bed of rucola served with pita bread.

Moroccan Couscous Salad   €7.00
Couscous with roasted vegetables, dried fruit and almonds.

Beef & Spinach Lasagne  €9.50
Layers of lasagne sheets, beef ragu and spinach leaves, finished with cream and grated cheese.

Aubergine Moussaka   €7.50
Layers of aubergine, tomato sauce, egg finished with grated cheese.

Pork Ragu Maccaroni  €7.50
Tortiglioni pasta, rich pork ragu, egg, ham and finished off with fresh cream and grated cheese.

Km

KIDS' MEAL CORNER

Pecking Order €6.50
Chicken nuggets served with potato smiles.

SoFishticated Fingers €7.25
Fish fingers served with potato smiles.

Mrs Bean €5.50
Hot dog served with french fries.

Burger-O-Clock €7.00
Cheesy burger served with french fries.

Lora's Treat €6.50
Grilled chicken thigh and cucumber yoghurt wrap served with side salad.

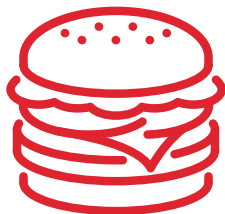
Full Moon €5.50
6" Pizza with tomato sauce, topped with mozzarella cheese (GF option is not available).


Including Water





Gr



FROM THE GRILL



Esplora's Beef Burger  **€11.45**
220grams beef patty, crispy bacon, rucola, crispy onions, edam cheese and cranberry sauce.

Chicken Fillet Burger  **€10.45**
Grilled chicken patty, edam cheese, lettuce, tomato slice and mayonnaise.

Fish Burger  **€10.95**
Fish patty, crispy onions, rucola and tartar sauce.

Falafel Burger   **€8.95**
Chickpea patty, lettuce, tomato slice and yoghurt sauce.

*All mains are served with french fries.
For sweet potatoes - €1.00 supplement*










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TOASTIES

Ham & Cheese  **€3.25**
Hummus & Tomato   **€3.25**

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EXTRAS

Bacon  **€1.00**
Cheese  **€0.50**
Fried Egg  **€0.75**
Beans  **€0.50**
Chicken and Turkey Sausage  **€1.50**
Sweet Potato Fries  **€3.00**
French Fries  **€2.00**
Side Salad  **€2.25**
Onion Rings (8 pieces)  **€2.95**

D

DESSERT

*You may kindly visit our counter
or ask for further assistance.*

**Bv**

BEVERAGE

COLD

Still Water Small **€1.25**
Still Water Large **€2.25**
Sparkling Water Small **€1.50**
Sparkling Water Large **€2.50**
Iced Tea **€1.75**
Fruit Juices (packet) **€1.50**
Soft Drinks **€1.75**

HOT

Instant Coffee **€1.25**
Americano **€1.75**
Espresso **€1.75**
Espresso Macchiato **€1.75**
Espresso Lungo **€1.75**
Latte Macchiato **€2.25**
Cappuccino **€2.00**
Hot Chocolate **€2.25**
Tea **€1.25**
Herbal Tea **€1.50**

*More beverage variations are available at the bar.
Milk variations: Soya, skimmed or full fat.*



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ALLERGY CHART



Celery



Cereals



Crustaceans



Eggs



Fish



Lupin flour



Milk/cream



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphites

	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin flour	Milk/cream	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphites	
Breakfast	English Breakfast														
	Healthy Breakfast														
Snacks	Traditional Tuna														
	Curry Chicken														
	Smoked Salmon														
	Vegan's delight														
	Chicken Club Sandwich														
	Chicken Caesar														
	Smoked Salmon														
Salads / Pasta	Falafel Salad														
	Moroccan Salad														
	Beef & Spinach Lasagne														
	Pork Ragu Maccaroni														
	Aubergine Moussaka														
	Esplora's Beef Burger														
	Chicken Fillet Burger														
Grill	Fish Burger														
	Falafel Burger														
	Ham and Cheese														
Toast	Hummus and Tomato														
	Pecking Order Chicken														
Kids	SoFishticated Fingers														
	Mrs Bean Hot Dog														
	Burger-O'clock														
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Extras	Bacon														
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	Chicken and Turkey sausage														
	Sweet Potato														
	French Fries														
	Side Salad														
	Baked Beans														
Onion Rings															