BREAKFAST DELIGHTS

FRESHLY BAKED CROISSANT €3.00

Flaky butter croissant, with a choice of filling from: Lemon cream, Nutella, Pistachio cream

HOMEMADE GRANOLA BOWL €5.25

Crunchy granola, Greek yogurt, poached pear & chocolate chips.

BRUNCH

€3.50

HAM & CHEESE TOAST (G, L) mature cheddar & sweet onion jam. (Add a Fried egg for €1) - Also available on toasted sandwich bread on request.

SMOKED SALMON & CHÈVRE €8.50 **SOURDOUGH** (G, L, E, F)

Creamy chèvre, scrambled egg & smoked salmon topped with fresh dill.

POACHED EGGS & PUMPKIN CHUTNEY (G, L, E, V)

Poached Farm-fresh eggs, smashed pumpkin & goat's cheese on toasted sourdough.

BURGERS

SERVED WITH FRIES

CLASSIC BEEF BURGER (G, L, E) €10.90 Two juicy patties, American cheese, lettuce, tomato & house burger sauce.

€13.90 THE BBB - THE BIG BANG **BURGER** (G, GC, L, E)

Double beef patties, sliced cheddar cheese, bacon jam, pickled onions, fresh rocket leaves

CRISPY CHICKEN BURGER €12.90

Buttermilk-fried chicken thigh, slaw, tomato, rucola & honey mustard mayo.

BBQ PULLED PORK BURGER Tender BBQ marinated pulled pork, apple slaw



esploracaté

ARTISAN BREADS

SERVED WITH CRISPS

€5.25 CLASSIC TUNA FTIRA (G, F, GC) Chunky tuna pieces, Sicilian caponata, olives & mixed lettuce with olive oil.

AVOCADO & MUSHROOM BUN €8.00 (G, E, GC, V) - Tofu Option (VG,S) Creamy avocado, fried egg & garlic-sautéed mushrooms in a multigrain bun. Replace the fried egg with tofu for only

CHICKEN CORONATION €6.50 BAGUETTE (G, GC, L, E)

Pulled chicken, spiced coronation sauce, pickled

€1.00 for a Vegan alternative.

cucumber & crisp leaves.

creamy Caesar dressing.

coriander dressing.

WRAPS

CHICKEN CAESAR WRAP €7.95 Grilled chicken, bacon, parmesan, lettuce &

€7.95 MEXICAN CHICKEN WRAP (G) Pulled chicken, rice, black beans, pico de gallo & avocado spread.

FALAFEL & BEETROOT €8.50 HUMMUS WRAP (G, S, L, GC, VG) Crispy falafel, couscous, tomato, pickled onion &

SALADS

POWER CHICKEN SALAD(L, N) €11.75 Pulled chicken, avocado, black beans, edamame, tomato & tzatziki.

€12.00

CHÈVRE & PEAR SALAD (L, N, V) - Tofu option (VG,S) Creamy chèvre, poached pears, caramelised cashews & vegan coriander mayo. Replace the the chevre cheese with tofu for only €1.00 for a Vegan alternative.

SMOKED SALMON & €13.00 FETA SALAD (L, F, GC, M) Salmon, feta, avocado, cherry tomatoes & basil dressing.

MAINS

CHICKEN KORMA (GC , L) Slow-cooked chicken thighs in mild curry sauce with basmati rice.	€10.95
FISH & CHIPS (G, F, E) Beer-battered seasonal fish, pea purée & tartar sauce.	€12.50
SPRING PEA RISOTTO (L, V) Creamy risotto with chèvre, parmesan & fresh mint. Add Crispy Fried Bacon Bits for only €1.50)	€10.50
BAKED GNOCCHI (G, L) Oven-baked gnocchi with pulled pork, mushrooms & parmesan sauce.	€11.00
SPICED CHICKPEA STEW (VG, N) Hearty chickpeas in coconut cream with Basmati	€10.00

rice & roasted cashews.

GRILLED CHICKEN with steamed carrots & broccoli.	€6.00
GRILLED SALMON with pea purée & basmati rice. (F)	€7.00
KIDS' BURGER beef patty in brioche bun with fries. (G)	€6.50
CHICKEN NUGGETS 6 crispy nuggets with fries. (G)	€6.50





SOFT DRINKS

Coke

€1.95

Coke Coke Zero Sprite Sprite Zero Fanta Kinnie Kinnie Zero Ice Tea Lemon Ice Tea Peach	
HYDRATION DRINKS Gatorade Go n' Fun Aloa Vera flavoured drinks Cocount Water	€2.50 €2.65 €2.65 €2.95
WATER Still Water - small Sparkling Water - small	€1.50 €1.95
COLD COFFEES Iced Coffee Caramel / Chocolate Nescafé Special Iced Coffee Caramel / Chocolate Banana Caramel Iced Coffee	€2.75 €2.95 €3.95
FRAPPÉS Strawberries & White Chocolate Cookies & Cream Salted Caramel	€4.50
SMOOTHIES Purple Dragon Fruit Smoothie Watermelon Smoothie Blue Spirulina Smoothie Plant Based Protein Smoothie	€4.50
FRUIT JUICES (250ML) Orange Apple Peach	€1.60
BEER Cisk Lager 33cl Cisk Excel 33cl Hopleaf 33cl Bellsfield gluten free lager Cisk '0%' alcohol free lager	€2.95 €2.95 €2.95 €3.95 €2.95

HOT BEVERAGES

Espresso - regular / lungo Espresso Macchiato Americano Double Espresso Cappuccino - regular Latte Caramel / Chocolate Chai Latte Vanilla / Spiced Tea Herbal Tea Pot of Tea for two Glass of Milk Hot Chocolate	€1.75 €1.85 €1.85 €2.00 €2.10 €2.85 €1.30 €1.65 €2.50 €1.00 €2.25
Spiced Ginger & Honey Lemon Tea	€2.85
ADD-ONS Almond / Oat / Coconut milk	€0.50

Flavouring syrup

€0.50

€0.50